



God and Family: 30 Day Challenge

Earn the Protestant Christian religious emblem for grades 4-6

This 30 Day Challenge requires that you:

- Use the God and Family Student Workbook (and that your parent uses the God and Family Counselor Manual). You can find these books in the [PRAY Webstore](#).
- Contact your pastor to explain that you want to earn your God and Family award and ask for help with the final interview when you are done.
- Memorize the Ten Commandments. [Ask your pastor for a version to memorize.]
- Visit the P.R.A.Y. Resource Library for important resources <https://www.praypub.org/documents-resources>.

CRUST

- DAY 1: Guess how families are like pizza and meet Joshua and his family. Complete p. 3.
- DAY 2: Explore! What do pizza crust and foundations have in common? Do the discussion questions on p. 4.
- DAY 3: Meet 2 Bible families: God's Great Big Family and Our New Family in Christ. Complete pages 5-6.
- DAY 4: Complete the recipe card and build your pizza crust (p. 7).
- DAY 5: Family Project: Can you play a board game together? (p. 8)

SAUCE

- DAY 6: Explore! What does pizza sauce have to do with family heritage? Do the discussion questions on p. 9.
- DAY 7: Meet Ruth's family and then complete "Who is a part of me?" (pages 9-10).
- DAY 8: Meet Mary, Joseph, and Jesus and complete the recipe card (pages 10-11).
- DAY 9: Weave the sauce for your pizza. Follow the instructions on p. 12.
- DAY 10: Family Project: Can you ask grandparents/older adults to talk about their childhood? (p. 12)

TOPPINGS

- DAY 11: Explore! How are pizza toppings like talents and gifts? Do the discussion questions on p. 13.
- DAY 12: Meet Moses and Aaron beginning on p. 13 and finish up with the Tee Shirt on p. 14.
- DAY 13: Meet Timothy's family and complete the recipe card (pages 14-15).
- DAY 14: Make the toppings and add them to your pizza (p. 16).
- DAY 15: Family Project: Can you play "I Spy" to discover your family's gifts and talents? (p. 16)

CHEESE

- DAY 16: Explore! What do "cheese" and the "rules" have in common? Do the discussion questions on p. 17.
- DAY 17: Meet Mary, Joseph and Jesus and read about a time Jesus was lost. Complete p. 17 and half of p. 18.
- DAY 18: Meet the Prodigal Son's Family. Complete pages 18-19.
- DAY 19: Complete the recipe card and make the cheese for your pizza (p. 20).
- DAY 20: Family Project: Can you make up a game to help your family learn the 10 Commandments? (p. 21)

BAKE

- DAY 21: Explore! How can tough times strengthen families? Do the discussion questions on p. 22.
- DAY 22: Meet 3 men who were thrown into a furnace. Do the True/False and Discussion questions on p. 23.
- DAY 23: Meet Paul and Silas on p. 23 who survived an earthquake in prison. Complete p. 24.
- DAY 24: Complete the recipe card and make an oven mitt (p. 25).
- DAY 25: Family Project: Can you make a plan to pray or read the Bible with your family? (p. 26)

EAT, SHARE, ENJOY

- DAY 26: Explore! Why have pizza parties? Do the discussion questions on p. 27.
- DAY 27: Meet the boy who shared his lunch (pages 27-28).
- DAY 28: Meet the Apostles who heard Jesus' last words and complete the recipe card (pages 28-29).
- DAY 29: Decorate your pizza box and do a family project. Can you celebrate with a real pizza party? (p. 30)
- DAY 30: Schedule a final review with your pastor. Recite the 10 Commandments and share what you learned.

Congratulations! You are now eligible to wear the God and Family medallion.

Visit <https://store.praypub.org> to complete a youth registration and order your award.